



Program, Amikal e.V

Amikal e.V. is organizing the “7th Indo-German Filmweek” at Cinema Babylon in the month of July 2019. During the Filmweek, we will present to you many facets of India and promise you some very authentic moments. You will experience an exciting journey through the fascinating country India, and have the chance to experience various workshops and offers under the theme “Nutrition and Lifestyle”.

The entry to this event is free. To enable Amikal, as a non-profit association, that it can continue to offer such diverse programs, we are dependent on donations.

Information about Amikal e.V. can be found here: www.amikal.org

Information about the event program can be found here: info@amikal.org

Exhibition: “The World Seen In A Pot”

During the opening times of Babylon (Oval)

Amikal started the project “The World Seen In A Pot” in June 2014. During this culinary journey, the participants of this course cooked around the globe for a year. On twelve evenings, they discovered the cuisines of different countries and cultures. In addition to interesting facts about the topic of food, “professional chefs” from their respective countries also conveyed excitingly special customs and manners needed in their culture.

Suitable for this year’s Indo-German Filmweek program focusing on the subject of nutrition, the photos will give an insight into the diversity of this project of international cuisine. There will be a cooking series in the near future as well, this time featuring the various cuisines the states of India have to offer.

Workshop: "Bolly-Kathak", directed by Shruti Vakharia

Sat, 13.07. at 15:00 Hrs (Oval)

Language: English

Shruti Vakharia is an extraordinary Kathak dancer from Mumbai. She lives in Berlin and has experience in the dance form of Kathak for over 25 years. She is an expressive North Indian classical dancer and has become famous through her majestic performances. Shruti has been awarded with many gold medals and numerous awards worldwide. She gives dance classes in Berlin and teaches her students fantastic choreographies which are a fusion of classical Kathak and modern Bollywood. Not only has she lead single and group performances in India, but has also left Germany, USA, Singapore and London in awe.

Drop by to learn and enjoy this royal, elegant and energetic dance form of Kathak and Bollywood!

Panel discussion: "Fair Trade" in India

Sat, 13.07. at 18:00 Hrs (Oval)

In a relaxed discussion, we want to talk about "Fair Trade" and the "sustainable production of food in India". What opportunities and challenges do we encounter in this not only culinary, but also socio-politically and ecologically relevant field? Which path is a fair one for a product travelling from India to Germany? We want to introduce you to different innovations, philosophies and visions from this area and encourage a creative exchange.

As guest: The Tea Campaign and College Curries.



Street Cricket Cup

Sat, 13.07. and Sun, 14.07. from 09:00 Hrs (Tempelhofer Feld)

The Street Cricket Cup is taking place in Berlin for the 4th time. The tournament will be held on the Tempelhofer Feld. Prizes will be distributed in four categories: Best Team, Best Fielder, Best Batsman and Best Bowler! We would like to thank the Berlin Telugu Association for their support!

More information and registration, under: skylineindiafilms@gmail.com

Workshop: “Gidha Dance”, directed by the dance group Punjabi Virasat Gidha Berlin

Sun, 14.07. at 14:00 Hrs (Oval)

Language: English

Gidha is a popular folk dance originated from the region of Punjab, in North India. It has its origin from the ancient “ring dance”. The dancers wear elaborate colourful costumes which only add to the elegance and flexibility of the dance. Similar to Bhangra, the dance sparkles with energy and has found imitators in all regions of India. Gidha is mainly performed on festive occasions, accompanied by rhythmic clapping and a typical traditional folk song. In the workshop we will illustrate what the dance represents and invite you to learn a few basic steps yourself.

Everyone is welcome and we look forward to seeing you.

Workshop: “Bhangra-Workout”, directed by Rishabh Chhabra
Sun, 14.07. at 15:00 Hrs (Oval)

Bhangra is a classical folk dance from Punjab, an area in North-Western India and Pakistan. Nowadays, more and more exceptional steps are being invented and combined with classical ones. There are endless new and energetic choreographies to learn. The highly intense but easy-to-understand dance routines appeal to all muscles, promote stamina and strengthen the entire body. If you like beat-heavy Indian music and want to improve your fitness during a fun dance workout, then this is the place for you! Everyone is welcome, no matter what age group, no matter what fitness level.

We will stay fit together!

Cooking show: “Punjab meets Benares”

Sun, 14.07. at 16:30 Hrs (Great Hall)

Entry Fees: EUR 22 (Babylon)

Vikas Khanna, an award-winning Indian star chef, will be a guest at the Indo-German Film Festival this year. The Amritsar-born gourmet chef now lives in New York and has given Indian cuisine an unparalleled reputation on the culinary world stage. As an ambassador of this diverse cuisine, he inspires people around the world again and again. During the film festival, he will be showing his movie, "The Last Color", followed by a chance to share his cooking skills and enjoy a taste. Anjana Singh, who is from Benares and the co-founder of Amikal e.V., will join the show. It creates a melting point of two different cities, with a unique combination of different flavors and tastes.

Look forward to an exciting meeting on this special culinary journey.

Our special thanks go to the family Sodhi!



Workshop: “Bollywood Dance”, directed by Bollywood Dance Ensemble Rang De by Zaraa Vi

Fri, 19.07. at 18:00 Hrs

“Thoda sa mirch masala to lagega.”

True to the motto "a little chilli and masala must be on hand", the Bollywood dance ensemble "Rang De by Zaraa Vi" is a colourful mix of dancers of different cultures, who are combined by a shared passion: the Bollywood dance. In the workshop you will learn about different Indian dance elements from different regions of India by “Rang De”. Every age group is welcome.

Info: Bollywood Dance Ensemble “Rang De” by Zaraa Vi will be performing on 11.7. at the opening night.

Bollywood Party with DJ Ghorpaapi

Fri, 19.07. at 22:30 Hrs (Great Hall)

Entry Fees: EUR 4 (Babylon)

DJ Ghorpaapi aka DJ Atul has lived in Berlin for 10 years, is of Indian descent, and works as an engineer. Over the last ten years, the Berlin audience has already enjoyed the beats of GHORPAAPI at various events for IndoGerman Filmweek, AMIKAL Diwali and the Carnival of Cultures. Known for his great mixes and remixes of various music genres, such as Hip Hop, Punjabi, Bollywood and desi beats, Ghorpaapi will be releasing the latest mixes at the Bollywood party on 19.07.19.

A speech about the linguistic diversity of India: "How do you say this in Indian?"

Sat, 20.07 at 16:00 Hrs (Oval)

India has the second largest number of languages after Papua New Guinea. The Indian Constitution regards Hindi and English as the official languages of the central government. The states of India set their own regional official languages. 22 languages are listed in the constitution.

Get to know some of these languages like Hindi, Punjabi, Gujarati, Tamil, Kannada...

Look at the different scriptures and listen to the sounds of these languages.

Book presentation and poetry evening: "Kagaz Pe Phudakati Gilehriyaan", with Yojna Sah Jain

Sat, 20.07. at 18:00 Hrs (Oval)

Language: Hindi

The book for the new Hindi poetry collection "Kagaz Pe Phudakati Gilehriyaan" was written by the writer/poet Yojna Sah Jain. She is a scientist and researcher. This book has been published by "Bhartiya Gyanpeeth". The book will be followed by poetry lectures in Hindi by three other poets living in Berlin.

This book is an artistic expression of experiences and emotions from all walks of life in beautiful and time-relevant poems. While some poetry expresses anger at the evils of society, others speak of hope and positivity. Some are brimming with bitterness of betrayal while others celebrate true love.

We look forward to sharing this work with you!



Workshop: "Bharatnatyam", with Esha Kulkarni Deshpande

Sun, 21.07. at 15:00 Hrs (Oval)

Language: English

Esha Kulkarni Deshpande was a disciple of Guru Smt. Rohini Gokhale and graduated in 2007 her Visharad (degree) in Bharatnatyam.

She has been teaching Bharatnatyam to individuals and small groups for 8 years. She was also the examiner for Gandharva Mahavidyalaya Exams and was invited as a jury member for Kala Vika's Inter-School Classical Dance Competitions.

Accompany Esha Kulkarni in this workshop and get to know one of the oldest dance forms. Learn about posture, gestures, rhythmic movements and storytelling.

Workshop: "Ashtang Yoga", with Vinay Nair Vijayan

Sun, 21.07. at 16:30 Hrs (Oval)

Language: English

Vinay Nair Vijayan, the founder of "Your Yoga", is currently studying in Berlin and presenting in a 60-minute workshop, the authentic touch from India, which helps you to understand the role of Ashtang Yoga.

Please bring your yoga mat and comfortable clothes.

This will be followed by a Q&A with the lecturer.

We are pleased to give you an authentic introduction to the beautiful form of yoga.